

From the Desk of the President



Dear Fellow ASCH Members,

I am happy to greet you all as the new President of the American Society of Clinical Hypnosis. From Dr. Louis Damis’ capable and diligent hands, I have been given stewardship of an organization that is growing and learning in its eighth decade. As Dr. Damis has laid out in his message in this newsletter, we have come through a period of intense change and restructuring that leaves us now more agile and responsive for our next eight decades as the pre-eminent American organization devoted to the promotion of the interdisciplinary practice of clinical hypnosis.

As you may know, the event that marks the graduation of the President-Elect into the Presidency is each year’s Annual Scientific Meeting and Workshops. With the help of Dr. Damis and the 2024 ASMW Planning Committee—myself, Mr. David Gaffney, Dr. Dana Lebo, Dr. Samantha Price, and Dr. Karen Slayton—this year’s 66th Annual ASMW was an enormous success. From Dr. Eric Spiegel’s and Dr. Elvira Lange’s Pre-Conference Workshops through our Keynotes by Dr. Stephen Borges, Dr. Charles Bombardier, and finally, Dr. Douglas Flemmons, this year’s theme of Hypnosis and the Healing Relationship was front and center.

Including both Pre-Conference Workshops, the live ASMW offered 22.5 hours of continuing education, and this year, the option of an All-Access Pass to attend recorded workshops at a later date offers more than 60 hours of continuing education. I am excited to see what ASCH’s new President-Elect, Dr. Colosimo, will bring us at next year’s ASMW.

And speaking of next year, I hope that each of you will consider ways that you can help shape ASCH into the organization you want it to be. Elsewhere in this newsletter, Dr. David Alter, who chairs our ethics division, is looking for members. The other divisions would also love your help. If each of us gives a little of our time doing activities that we find enjoyable in the service of ASCH, we’ll end up with a stronger, more stable organization. Many hands make light work, as they say.

And if you have new ideas that don’t yet fit in the ASCH division structure, please feel free to share them with me or ASCH’s Executive Director, JerriLynn Kind. One recent example was our watch party and discussion for the movie *Get Out*, organized by Dr. Rebecca Cherry, which was a wonderful success. Perhaps you have the next great idea to help ASCH grow and develop?

Regardless, we are glad that you’re a member of ASCH and want to help it remain your professional home.

John W. Hall, PhD, ABPP
ASCH President

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Access AJCH Online

Beginning with Volume 66, the American Journal of Clinical Hypnosis, the official journal of ASCH, is now available online only. Hard copy issues will only be available through the publisher at a nominal fee.

ASCH members receive an online subscription to the AJCH as well as online access to all issues of the AJCH from 1958 forward.



A Message from Our Past President

By Louis Damis, PhD, ABPP

It is again my pleasure to address my esteemed colleagues of the American Society of Clinical Hypnosis and review the past year's accomplishments for our valued society. My presidency was associated with transitioning to a new management company, Kellen. This change was associated with attaining a new Executive Director, JerrieLynn Kind. I am pleased to say that she has been very responsive to the needs of ASCH and attentive to making management adjustments to improve our marketing and services to members. In addition, our E-Learning Center has launched, allowing access to ASMW workshops and Distance Learning presentation recordings. Moreover, we anticipate redesigning our website and changing its underlying database, which will afford us much more functionality.

ASCH has needed to manage the financial strains of the COVID pandemic associated with decreased attendance at in-person workshops, fulfilling pre-pandemic hotel contracts, and increasing hotel costs. The in-person workshops were well received, with participants requesting more in-person events. Moreover, these workshops were a success due to the efforts of Kellen staff, particularly Kelsey Kind, Senior Education Manager, and Maria Koustenis, Senior Events Manager. With their guidance we have been serving lunch to our participants to facilitate networking and convenience that has been of such high quality I have recommended listing the menus to entice attendance!

We reviewed the criteria for ASCH membership, compared them to other reputable hypnosis associations, and broadened our requirements to include healthcare providers who maintain state licensure permitting independent practice in their specialty. This opens our membership to several allied professions that can further optimize patient care with clinical hypnosis. Moreover, Drs. Bongaard, Thompson, and I are developing a new Level 2 Workshop tailored to the application of hypnosis to these healthcare providers' specific services.

One of the more meaningful contributions of my presidency was the formalization of a diversity and inclusion statement acknowledging our organizational dedication to equality, justice, and improvement in the well-being of the clients and patients we all serve and society at large. Read the Diversity Statement on [our website](#).

In conclusion, I would like to express my appreciation to all the board and committee members whose time, wisdom, and dedication to ASCH have made this year's achievements possible. Your contributions continue to support our success as an institution of excellence in the training and dissemination of clinical hypnosis skills at the national and international levels.

Upcoming ASCH Webinars

Watch your email for details on these exciting educational opportunities:

May 1, 2024

Breathing Techniques

Akira Otani and Ciara Christensen

July 24, 2024

Modification of Egosyntonic Negative Beliefs: Implicit Memory, Attachment, Cognitive Bridge, and Memory Reconsolidation

Louis Damis

About the Newsletter

ASCH Advisor is published quarterly and distributed via email to ASCH members. Submissions and articles are welcome. All submissions will be edited for content, style and length. Newsletter material should be submitted to the ASCH office via email to marketing@asch.net.

Submission Schedule

For consideration of inclusion, please email articles and content to the ASCH office at marketing@asch.net by these dates:

<i>Issue</i>	<i>Materials Due</i>
May 2024	April 29
August 2024	July 22
November 2024	October 2

Your Newsletter, Your Voice Member Submissions Welcome for ASCH Advisor

ASCH members are invited to submit news, reviews, letters to the editor, and other material for inclusion the society's quarterly newsletter. Submissions may be edited for clarity, consistency, and to conform with ASCH's editorial style guide. Please include photos and images as appropriate.

The next issue will be distributed in May. Please send any submissions — and reach out with any questions — to marketing@asch.net. The submission deadline is April 29.

ASCH

66th Annual Scientific Meetings and Workshops

Hypnosis and the Healing Relationship

February 23-25, 2024



Another Outstanding ASCH ASMW

The 2024 ASCH ASMW was a great success! Held virtually February 23-25, 2024, the capstone event for the Clinical Hypnosis profession, had more than 170 participants who attended 33 sessions over three days. The theme, Hypnosis and the Healing Relationship, informed the program, which included six tracks: Trauma; Veteran-Related; Pain Management; Dental, Medical and Habit Application; Integration of Hypnosis and Psychotherapy; and Metaphysical and Spirituality.

Session recordings are being edited now, and attendees can access them in four to six weeks. Instructions will be sent to all registered attendees when the recordings are available. And anyone who was unable to participate in the ASMW will be able to purchase recordings at that time as well.

The results of the post-ASMW attendee survey have been excellent!

- 97% of attendees reported that the quality of presentations was 4.70 out of 5
- 93% of attendees rated their ASMW experience as 4.5 or higher (out of 5)
- 87% said they would attend next year

Here's a sampling of quotes from the survey:

- "Very impressed with quality of presentations and overall facilitation of the technical aspects"
- "A very well-organized and interesting conference."
- "Excellent program organization and ease of access to sessions."
- "Excellent conference. So pleased there will be enduring materials, for it was so hard to choose among the promising titles."

We thank all of our faculty, including our pre-conference presenters, Elvira Lang, MD, PhD and Eric B. Spiegel, PhD, as well as Plenary Session Faculty members, Stephen Porges, PhD, Charles H. Bombardier, PhD, and Douglas Flemons, PhD, LMFT. You can read about them on the [ASCH website](#).

Shape the Future of ASCH and Volunteer to Serve on New Divisions

At the start of the year, ASCH began a new chapter, sunsetting its former leadership structure and launching a new Board of Directors. The goal of this change was to allow the organization to nimbly adapt, change and provide more leadership opportunities for the ASCH membership. Under this new format, the Board is comprised of various divisions, which focus on the management of crucial ASCH programs. These divisions are the heart and soul of the organization, and we need your help.

ASCH is currently looking for volunteers to join our divisions to help chart the course of the organization. Where does your interest lie? Education and training? Do you prefer to engage with the certification process or membership verification? Perhaps building the connection with components? No matter the interest, ASCH has a home for you.

Simply click and complete the form below and let us know where you'd like to engage. We cannot thank you enough for your interest as we build the ASCH of the future.

2024 ASCH Award Recipients

The American Society of Clinical Hypnosis congratulates the recipients of the 2024 American Journal of Clinical Hypnosis Awards and the recipients of the 2024 ASCH Awards. These awards were presented on February 24, 2024, during the 2024 ASCH ASMW, held virtually Feb. 23-25. These awards represent outstanding work and great contributions to the field of clinical hypnosis and to ASCH.

American Journal of Clinical Hypnosis Awards

Antonella Ciaramella

Clark Hull Award for Scientific Excellence in Writing on Experimental Hypnosis

Analgnesia in Chronic Pain: Role of Psychopathology and Alexithymia

American Journal of Clinical Hypnosis, Vol. 65(4).

Irving Kirsch

Milton H. Erickson Award for Scientific Excellence in Writing on Clinical Hypnosis

Clinical Hypnosis as a Nondeceptive Placebo: Empirically Derived Techniques

American Journal of Clinical Hypnosis, Vol. 65(3).

Etzel Cardeña

Ernest R. Hilgard Award for the Best Paper on a Historical Topic on Hypnosis

Irving Kirsch: A Life Beyond Expectations

American Journal of Clinical Hypnosis, Vol. 65(3).

Aurélié Untas, Kristopher Lamore, Fabienne Delestre, Guillaume Lehericey, Philippe Giral, and Emilie Cappe

William S. Kroger Award for the Best Paper on Hypnosis, Health and Behavioral Medicine

Psychosocial Effects of Hypnosis in Patients with Obesity: A Pilot Randomized Controlled Trial

American Journal of Clinical Hypnosis, Vol. 65(4).

Célia Hery-Niaussata, Auriane Grosa, Valeria Manera, and Philippe Penigault

Josephine Hilgard Award for the Best Paper on Pediatric Uses of Hypnosis

Uses of Hypnosis: Therapeutic Hypnosis in a Child With a Written Language Disorder

American Journal of Clinical Hypnosis, Vol. 65(4).

D. Corydon Hammond

Editor-in-Chief's Award for the Most Downloaded Article (2022-2023)

"Memorial to Daniel P. Brown, Ph.D., ABPH"

American Journal of Clinical Hypnosis, Vol. 64(1).

Giuseppe De Benedittis

Editor-in-Chief's Award for 2nd Most Downloaded Article (2022-2023)

"Neurophysiology and Neuropsychology of Hypnosis: Recent Advances and Future Perspectives: Part 1"

American Journal of Clinical Hypnosis, Vol. 63(4).

Tobi B. Goldfus

Editor-in-Chief's Award for 3rd Most Downloaded Article (2022-2023)

The Impact of Social Media Use on Depression, Anxiety, and Well-Being for Teens/Young People: Using Hypnosis to Build a Strong Sense of Self

American Journal of Clinical Hypnosis, Vol. 66(2).

Michael D. Yapko, Ph.D.

Editor-in-Chief Award

In appreciation for consistent and outstanding professionalism As an Editorial Advisory Board Member of the American Journal of Clinical Hypnosis

Jeffery Feldman, Ph.D.

Editor-in-Chief Award

In appreciation for consistent and outstanding professionalism As an Editorial Advisory Board Member of the American Journal of Clinical Hypnosis

Daniel L. Handel, M.D.

Editor-in-Chief Award

In appreciation for consistent and outstanding professionalism As an Editorial Advisory Board Member of the American Journal of Clinical Hypnosis

Laurence I. Sugarman, M.D.

Editor-in-Chief Award

In appreciation for consistent and outstanding professionalism As an Editorial Advisory Board Member of the American Journal of Clinical Hypnosis

David S. Alter, Ph.D.

Editor-in-Chief Award

In appreciation for consistent and outstanding professionalism As an Editorial Advisory Board Member of the American Journal of Clinical Hypnosis

ASCH Awards

David Reid, Psy.D.

Presidential Award

In recognition of his extensive contributions to the Clinical Hypnosis Education and Training committee, his excellence in teaching, and his frequent chairing of workshops for ASCH.

Samantha Price, Ph.D.

Presidential Award

In recognition of her contributions to the Clinical Hypnosis Education and Training committee, accepting the chairperson role, and her excellence in teaching for ASCH.

Mary Wells, Ph.D.

Presidential Award

In recognition of her long-standing contributions, multiple roles, chairperson of the Certification committee, and her extensive teaching for ASCH.

Lane Wagaman, Ed.D.

Presidential Award

In recognition of his long-standing contributions as chair of the Clinical Hypnosis Education and Training Committee and his excellent and extensive teaching for ASCH.

Akira Otani, Ed.D.

Presidential Award

In recognition of his long-standing contributions to the Distance Learning Task Force and his excellence and extensive teaching for ASCH.

Eric Willmarth, Ph.D.

Presidential Award

In recognition of his long-standing contributions, multiple roles, excellence, and extensive teaching for ASCH.

Linda Thomson, Ph.D.

Presidential Award

In recognition of her long-standing contributions, multiple roles, and extensive development of educational standards and teaching for ASCH. Her broad spectrum of interdisciplinary knowledge and executive guidance has shaped and fostered excellence in our society, for which ASCH will be forever indebted.

Bridget Bongaard, M.D.

Presidential Award

In recognition of her commitment and contributions to the reorganization, expansion, and development of allied health programs for ASCH.

George Glaser, M.S.W.

Presidential Award

In recognition of his extensive and long-standing commitment and contributions to ASCH as chair of the Distance Learning Task Force and manager of our list serve. ASCH would not be the internationally recognized society it is without his contributions.

Daniel Skendarian, Ph.D.

Presidential Award

In recognition of his chairpersonship of the Membership Committee and his extensive contributions to expanding our membership requirements and growing our membership.

Jeff Feldman, Ph.D.

Presidential Award

In recognition of his contributions to our Executive Committee as Member-At-Large and continued participation as Secretary.

David Alter, Ph.D.

Presidential Award

In recognition of his extensive and long-standing commitment, multiple roles, and contributions to ASCH as chair of the Ethics Committee.

Daniel Handel, M.D.

Presidential Award

In recognition of his extensive and long-standing commitment and contributions to ASCH and his current role as ASCH Treasurer.

Kelsey Kind, B.S.

Presidential Award

In recognition of her knowledge, excellence, efficiency, and advancement of our training program as Senior Education Manager. Her encouraging and supportive interpersonal manner and ability to understand and assist ASCH faculty have significantly impacted the training experience. All of us who have the pleasure of working with you are very grateful.

Stephen Lankton, M.S.W.

Presidential Award

In recognition of his long-standing commitment and excellence as Editor-in-Chief of the American Journal of Clinical Hypnosis.

Upcoming ASCH Workshops

In 2024, ASCH will present these workshops in a virtual format. Learn more and register at www.asch.net/workshops.

ASCH Individual Consultant Workshop (ICW)

April 11 - 14, 2024

The Individual Consultant Workshop is a 20-hour advanced study program and a requirement for ASCH Certification. Candidates who believe they meet the eligibility requirements below must first submit the ICW Eligibility Form. Registration closes March 28.

Upcoming Individual Consultant Workshops are scheduled for:

- July 19-20, 2024
- November 21-24, 2024

ASCH Level 1 & Level 2 Workshops

June 13-16, 2024

Clinical Workshop Level 1

Why pursue training in Clinical Hypnosis? What are the benefits?

The Level 1 workshop is the first part of a series of workshops in the certification program for clinical hypnosis and is intended for licensed health professionals including physicians, nurses, psychologists, dentists, counselors, social workers, and those in related fields. A diverse faculty from a range of health disciplines will teach the principles and process of hypnotic inductions,

suggestions, and treatment. The workshop is a mix of didactic presentations, demonstrations, experiential exercises, and faculty-led small group practice tailored to the specific needs and learning styles of each participant. At the conclusion of the workshop participants will have been taught the basic skills required to utilize clinical hypnosis and begin to apply it to their practice.

Upcoming ASCH Level 1 & Level 2 Workshops are scheduled for:

- September 26-29, 2024

ASCH Advanced Level Workshops

May 10 - 11, 2024

GI Issues and Hypnosis

Faculty: Rebecca Cherry/Louis Damis

Upcoming GI Issues and Hypnosis is also scheduled for:

- November 6, 2024

Integrating Clinical Hypnosis and EMDR

November 9, 2024

Brittany Meredith

Upcoming Events

This calendar includes ASCH Component-sponsored activities. Where appropriate, Component sponsored programs have been approved for ASCH CE. See the ASCH website for more information.

April 6, 2024

Normative Implicit Clinical Hypnosis
Florida Society of Clinical Hypnosis

April 13, 2024

Unconscious Processes in Everyday Life

Clinical Hypnosis Society of New Jersey (CHSNJ)

April 14, 2024

Hypnosis and the Treatment of Depression

Greater Philadelphia Society of Clinical Hypnosis

April 14, 2024

Making a Difference in Chronic Pain: Therapeutic Principles and Hypnotic Strategies

Minnesota Society of Clinical Hypnosis

April 19 - 21, 2024

Level 2 Clinical Hypnosis Course

The Alberta (ACHS) and Oregon (OSCH) Societies of Clinical Hypnosis

April 26 - 28, 2024 | In-person

L1 - Fundamental Training in Clinical Hypnosis

ISSTD

May 4, 2024

Harmonizing EMDR Therapy and Clinical Hypnosis – Building Blocks for Working with Complex Developmental Trauma

Florida Society of Clinical Hypnosis

May 4 - 5, 2024 | Hybrid

Hypnosis for Chronic Pain Management

New England Society of Clinical Hypnosis

May 10 - 11, 2024

Evocative Approaches to Therapeutic Communication, an Ericksonian Approach In-person workshop/Virtual workshop
Oregon Society of Clinical Hypnosis (OSCH)

May 17 - 19, 2024 | Banff, AB, Canada

Spring Conference

Alberta Clinical Hypnosis Society

May 17 - 24, 2024

Hypnosis for the Treatment of Developmental Trauma Disorders
The Alberta Clinical Hypnosis Society

June 9 - 23, 2024 | Hybrid Zoom and In-Person

Level 1 Hypnosis Training

Associated Therapists of Rockland, Leslie Laskin

June 21 - 22, 2024

Tranceformation: Neurobiology, Clinical Applications, and Dissemination of Hypnosis

Minnesota Society of Clinical Hypnosis

July 10, 2024

Nursing and Hypnosis

Webinar

October 10 - 12, 2024

Fundamentals of Hypnosis (ASCH Level 1)

Florida Society of Clinical Hypnosis

New Members, Certificants, and Approved Consultants (October 2023-March 2024)

New Members

Tiffany Warner, LCSW

Tracey Torosian, PhD

Eugene Devers, D.Min, M.Div, MS, MSS

Allyson Bowman, LPC/MHSP

Heidi Martell

Latasha Heinzen, LPC

Kevin First, Sr. PhD

Linda Baldwin

Alexandra Colon

Shawna Stillwell

Leona Kiamahoe

Michael Smith, PhD, LMHC

Ay Ling Han PhD

Frances McBride, DHA, LPC

Irene A. Hinst MA, LPC, NCC

Selina Arvelo

Angie Guion

Jack Jaffe

Brian D. Higgins PhD

Silvia I. Hain D. Hyp

JD Wright PhD, LP

Newly Approved Certificants

Adam Johnson, PsyD

Hope Rollner, PhD

Cecilia A. Renaud

Amy B. Berman PhD

Carol A. Paras MD

Newly Approved Consultant

Katy David, MA, LPC-S

Ethics Committee Seeks New Members

The ASCH Ethics Committee, chaired by David S. Alter, PhD, FACHP, FASCH, is seeking to add new members. The committee is an advisory group. The committee's purview is to field a range of questions and concerns raised by ASCH members, prospective ASCH members, people who have been treated by ASCH members, or people raising general concerns about the practice of clinical hypnosis (e.g., at the start of COVID, a question was posed to the committee regarding ethical considerations in the delivery of remote services involving the use of clinical hypnosis.). When concerns about an individual's behavior in relation to ASCH ethical standards of behavior are raised, the committee receives the complaint, privately discusses its repercussions or ramifications from an ASCH ethical standards perspective, reaches conclusions and potential recommendations, and forwards those opinions to the ASCH Executive Committee for further consideration and determination of appropriate action(s) to be taken. We hope any of you who have an interest in becoming members of the ASCH Ethics Committee, don't hesitate to drop David Alter a note at drdavidalter@gmail.com. Thank you for your consideration.

David Alter, PhD, LP, ABPP, ABPH, FACHP, FASCH

Diplomates in Health Psychology & Psychological Hypnosis

Author, Neuropsychologist, Health Psychologist, Therapist

Fellow, American Society of Clinical Health Psychology

Fellow, American Society of Clinical Hypnosis

Approved Consultant in Clinical Hypnosis (ASCH)

Your Generosity Ensures a Next Generation of Clinical Hypnosis Practitioners

ASCH-ERF currently manages two scholarship funds for students: the Mutter Scholarship Fund for Student and Early Career Professional Training and the Betty Alice Erickson & Kay Thompson Student Scholarship Fund.

At any given time these funds have different levels of cash that is available to help students dependent upon the generosity of our donors. To learn more about these scholarships and make a donation to ASCH-ERF, click the link below.

2024 ASCH Board of Directors

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AMERICAN JOURNAL OF CLINICAL HYPNOSIS
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