

A Note from the Executive Director

By *JerriLynn Kind, ASCH Executive Director*



It's been quite a summer for the staff team at ASCH. We've recently launched the [new e-learning platform](#) and invite you to have a look in the library to view these education modules. If you have suggestions for other educational offerings, we would love to hear from you. Please drop us a line with your suggestions anytime.

The ASCH 2024 program committee is already hard at work putting together great sessions for our upcoming ASMW, which will be held virtually in February. Be sure to mark your calendars now to attend. Registration will open this fall and we hope to see you on the other end of the screen.

ASCH Board of Directors nominations recently closed and the nominations committee is working to solidify the slate for our election in September. Please be on the lookout for your emailed ballot and cast your vote for our new leadership. It was great to see so many interested volunteers.

Our organization counts on the many talented volunteers who work hard to help ASCH with its member programs and educational opportunities. If you find yourself with a few hours to spare each month, please consider supporting your organization by joining a committee. Many hands and minds make lighter work for all. [Click here](#) to explore the options, complete our volunteer form and we will put you to work!

On behalf of the Board of Directors, I want to take the opportunity to thank two ASCH team members for their contributions.

First, our thanks to Maria Koustenis is ASCH's meeting manager and has been instrumental in planning our March 2023 ASMW and coordinating our in-person workshops.

And secondly, we want to extend our appreciation to Joanna Truitt, who has served as ASCH's vice president of education and programs. Joanna has worked tirelessly over the past couple of years, helping ASCH streamline our education offerings and working with our volunteers to present the great workshops that we offer. Her contributions have been vast. As she begins retirement over the next few months, we wish her the very best.

Thank you, Joanna and Maria!

While I have only been working with ASCH for a few short months, it's been a great opportunity for me to meet many of you and learn more about clinical hypnosis. My background is in healthcare organizations and I've been working with associations over the past 30 years to achieve their goals. I appreciate the warm welcome and am excited to work with our ASCH staff team and Board of Directors to continue to propel the organization forward.

Please do not hesitate to contact me if you have any questions or issues pertaining to your membership. Enjoy the rest of the summer!

Kind regards,

JerriLynn Kind
ASCH Executive Director

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UPCOMING EVENTS

September 8-10, 2023

DoubleTree by Hilton Albuquerque
ASCH Level 2 Workshop & Advanced Workshop
Hypnosis for Treatment of Developmental Trauma Disorders

October 19 - 22, 2023

Lincolnshire Marriott Resort, Lincolnshire, IL
ASCH Level 2 Workshop & Advanced Workshop
Hypnosis and Zen Buddhism for Pain and Suffering

November 1-4, 2023

ASCH Office, Atlanta, GA
ASCH Individual Consultant Workshop (ICW) (In-Person)

December 1-3, 2023

Virtual
Level 1 & Level 2 Workshop

February 22-25, 2024

Virtual
66th ASCH Annual Scientific Meeting and Workshops

REMINDER:

JOURNAL NOW ONLINE ONLY

Beginning with Volume 66, the American Journal of Clinical Hypnosis, the official journal of ASCH, is now available online only. Hard copy issues will only be available through the publisher at a nominal fee. ASCH members receive an online subscription to the AJCH as well as online access to all issues of the AJCH from 1958 forward.

ABOUT THE NEWSLETTER

ASCH Advisor is published quarterly and distributed via e-mail to ASCH members. Submissions and articles are welcome. All submissions will be edited for content, style and length. Newsletter material should be submitted to the ASCH office via email to marketing@asch.net.

SUBMISSION SCHEDULE

For consideration of inclusion, please send articles and content to the ASCH office by these dates:

<i>Issue</i>	<i>Materials Due</i>
November 2023	October 3, 2023
February 2024	January 22, 2023
May 2024	April 4, 2024
August 2024	July 26, 2024
November 2024	October 2, 2024

YOUR NEWSLETTER, YOUR VOICE Member Submissions Sought for ASCH Advisor

ASCH members are invited to submit news, reviews, letters to the editor and other materials for inclusion in the Society's quarterly newsletter, the ASCH Advisor. Submissions may be edited for clarity, consistency and to conform to ASCH editorial style guidelines. Please include photos and images as appropriate. We also ask that all authors include a recent headshot and short biography.

The next issue will be distributed in November 2023. Please send any submissions to marketing@asch.net. The submission deadline for the November issue is October 3, 2023.



Dive Into the World of Clinical Hypnosis with the ASCH eLearning Center

Late last month, ASCH announced the launch of the new ASCH eLearning Center. This innovative platform offers a wealth of resources, interactive courses and expert-led webinars, accessible anytime, anywhere. Dive into the world of clinical hypnosis at your own pace and convenience.

You'll find courses in these tracks:

- Dental, EMS Medical & Nursing Applications
- Trauma
- Integrating Hypnosis with Other Modalities
- Pain Management
- Metaphysical & Spirituality
- Veteran-Related

ASCH Members can access all ASCH courses listed in the course catalog for at a discounted member rate. To purchase, simply select your desired options and complete the payment form in the ASCH store. Once your payment has been made, our ASCH staff team will process your purchase within two-three business days. At that time, you'll receive an email with instructions on how to access the eLearning Center to view your selected courses. Please note, we currently don't offer one-click access, but we're actively working on this feature, so stay tuned.

Non-Members can access the ASCH e-Learning Center for a non-member course fee. Click on the Non-Member pricing option to make your selections, initiate a purchase, and make a payment. Non-members will have access to their selected courses within two to three business days of their paid order submission. Once processed by our staff, you will receive an email with further instructions for logging into the e-Learning Center.

If you need assistance accessing the eLearning Center, contact ASCH Headquarters at education@asch.org.

Blog Writing Opportunity

Dr. Ran D. Anbar, past president of ASCH, writes a weekly blog, Understanding Hypnosis, for Psychology Today Online. He is happy to invite guest writers from the ASCH community to contribute to these blogs. The desired blog length is 400-1,000 words, and references can be included. For examples of published blogs, see: <https://www.psychologytoday.com/intl/contributors/ran-d-anbar-md>. Blogs about current issues involving hypnosis are especially welcome. For further information, contact Dr. Anbar at ran.anbar@centerpointmedicine.com.

ASCH

66th Annual Scientific Meetings and Workshops

Hypnosis and the Healing Relationship

February 23-25, 2024



Mark your calendar and make plans to attend the virtual 2024 ASCH ASMW, February 23-25. This exciting program will focus on the ways hypnosis can help maximize the potential of the healing relationship. Participants will have opportunities to develop hands-on skills to use in their practice and gain in-depth knowledge of the science that underlies change in clinical hypnosis. The program will include advanced pre-conference workshops, daily plenary sessions, more than 30 advanced workshops, and symposium presentations in six tracks:

- Trauma
- Veteran-Related
- Pain Management
- Dental, EMS, Medial and Nursing Applications
- Integrating Hypnosis with Other Modalities
- Metaphysical and Spiritual States of Consciousness

Abstract submissions were accepted until mid-August and all faculty will be notified of their status in mid-September. Please watch your email.

We will begin accepting registrations in late October.

Maui is truly in a full disaster: A Message from Maui

By ASCH Past Past President Bridget Bongaard



Maui is truly in a full disaster. Walls of flames 30 feet high went by our house in Kula on Tuesday evening, August 8, whipped by Hurricane Dora's 40 to 80 mph winds. If the direction of the winds had changed that night, I would not be writing this now. We could also see the fires downhill advancing to Kihei. We did not know about the fires that started in Lahaina...

We took in evacuees and pets then in the morning began relief efforts. Food to fire squads, purchasing essential goods and taking to shelters. Setting up a donation tab on our nonprofit website, [Maui Cancer Resources](#). Boots on ground got items there despite closed roads to Lahaina by marshalling our local tour boats who served selflessly.

We are now working to establish grief/trauma services to help those who have experienced loss of houses burned in front of their eyes, those who ran from the fire and who got separated from their loved ones, whose shoes melted when they jumped from their cars ahead of the wall of flames, those who made it to the ocean and jumped into the sea dodged flaming embers for five hours before rescue as the town was incinerated before their eyes, punctuated by the sounds of a multitude of nearby parked cars in the tourist town blowing up like bombs. The agonizing search for loved ones and pets. There is more with the horrors of toxic waste, looters, loss of livelihoods, heritage. Ambulance sirens scream down the few roads daily adding to the continued hypervigilance of those who survived.

I am grateful to ASCH for all my years of training and so help to begin the healing by doing grief and trauma work in addition to keeping track of all our cancer patients and their needs.

If anyone would like to support this work, they may make donations through [Maui Cancer Resources website](#).

I thank my ASCH colleagues for those who reached out since this began with their support. We are a nonprofit of non-salaried professionals so all goes straight back to supplies or pro bono patient consultations/treatment. If you wish to send support with a donation, you will also receive a letter with for taxes purposes with our EIN number.

Dr. Charlene Bell, an ASCH member from Oahu, is joining me in this work as well. Here is ASCH training put towards one of the greatest good and exemplifies the importance, relevance of our education, and steadfast dedication to relieve human suffering.

New Members, Certificants, and Approved Consultants (MAY 2023 – JULY 2023)

NEW MEMBERS

Madelfia A. Abb, LCMHCA, NCC
Full Member

Ahmed Alshammari, MD
Student Member

Brandi Cash
Full Member

Theresa L. Cicchetto, LMFT, LPCC
Full Member

Amynah Dharani LMFT
Full Member

Madison Farrell PhD, LPC
Full Member

Fábio Serrão Franco, PhD
International Member

William F. Geittmann, MS, APRN, CRNA
Full Member

Ursula Goadhouse, MSW
Associate Member

Elizabeth Hakas, MD
Full Member

Patrice A. Jacob, PhD, LMHC
Full Member

Robert Koning, LPC
Resident/Intern Member

Kara S. Williams, LPA
Full Member

Rachel Zito, LCSW
Full Member

Stephen Lazoritz MD
Associate Member

NEWLY APPROVED CERTIFICANTS

Madelfia A. Abb, LCMHCA, NCC

Bailey Bryant, PsyD

Khristina Nava, PhD

Erik Orozco, LCSW

NEWLY APPROVED CONSULTANTS

Linda E. Chambers, MSW, LCSW

Tiffany Duffing, PhD

Bette Freedson, LICSW, LCSW, CGP

SHAPE THE FUTURE OF ASCH AND VOLUNTEER TO SERVE ON NEW DIVISIONS

At the start of the year, ASCH began a new chapter, sunsetting its former leadership structure and launching a new Board of Directors. The goal of this change was to allow the organization to nimbly adapt, change and provide more leadership opportunities for the ASCH membership. Under this new format, the Board is comprised of various divisions, which focus on the management of crucial ASCH programs. These divisions are the heart and soul of the organization, and we need your help.

ASCH is currently looking for volunteers to join our divisions to help chart the course of the organization. Where does your interest lie? Education and training? Do you prefer to engage with the certification process or membership verification? Perhaps building the connection with components? No matter the interest, ASCH has a home for you.

Simply click and complete the form below and let us know where you'd like to engage. We cannot thank you enough for your interest as we build the ASCH of the future.

[CLICK FOR VOLUNTEER
INTEREST FORM](#)

Advanced Teaching and Consultation Workshops Promote Greater Understanding, New Approaches

ASCH is offering a virtual Teaching and Consultation Workshop and an in-person advanced workshop in October. We also have spots left in our in person [Albuquerque offerings in September!](#)

Teaching and Consultation Workshop

October 6-7, 2023

The Teaching & Consultation Workshop (TCW) is a 10-hour virtual workshop designed for those individuals who have attained ASCH Certification and are seeking Approved Consultant status. The TCW includes an introduction that addresses professional continuing education standards, workshop learning objectives, and fostering of positive working relationships among participants and workshop faculty.

Registration is now open.

ASCH Level 2 & Advanced Workshops

October 19-22, 2023

The second step in certification training is to strengthen skills, strategies and applications of clinical hypnosis. Part one taught "how to" do clinical hypnosis, and part two builds on this skill set and refines and furthers development to add the when, why and where to the "how to".

This workshop expands the participants' skill sets and builds greater confidence in the use of hypnosis. It prepares the participant to move on to Advanced (Skills) Workshops and Individual Consultation to build a greater understanding of principles and advance one's skill level.

Certification through ASCH must be renewed every three years. In order to renew your ASCH Certification, you must have completed at least 20 hours of ASCH-approved hypnosis training within the last three years. Additional requirements below:

Certification

- Hold at least a master's degree in a health care discipline considered appropriate by the Society and have licensure/certification in the state/province which they practice;
- Membership in a professional society consistent with a degree;
- Licensure or certification by the state or province in which they practice to practice independently;
- Complete Level 1 and Level 2 ASCH approved Clinical Workshop training;
- Minimum of 20 hours of individualized training/consultation with an ASCH Approved Consultant;
- Minimum of two years of independent practice utilizing clinical hypnosis (two years from the completion of the basic course).

Approved Consultant

All of the requirements for Certification in Clinical Hypnosis, plus:

- Minimum of 40 additional hours of ASCH approved Advanced workshop training;
- Completion of the 10-hour Teaching and Consultation Workshop (TCW)
- Minimum of five years of independent practice utilizing clinical hypnosis (5 years from the completion of the basic program);
- Minimum of five years of membership in ASCH, SCEH or equivalent.

UPCOMING WORKSHOPS

MORE INFO ONLINE

www.asch.net/workshops

September 8-10, 2023

Albuquerque, NM
DoubleTree by Hilton
Albuquerque
ASCH Level 2 Workshop & Advanced Workshop

October 6, 2023

Virtual
ASCH Teaching & Consultation Workshop (TCW)

October 19 - 22, 2023

Lincolnshire Marriott Resort,
Lincolnshire, IL
ASCH Level 2 Workshop & Advanced Workshop
Hypnosis and Zen Buddhism for Pain and Suffering

October 20-22, 2023

Hilton Arlington
International Society for the Study of Trauma and Dissociation (ISSTD)
L2 (Intermediate) Training in Clinical Hypnosis

November 1-4, 2023

ASCH Office, Atlanta, GA
ASCH Individual Consultant Workshop (ICW) (In-Person)

December 1-3, 2023

Virtual
Level 1 & Level 2 Workshop

Your Generosity Ensures a Next Generation of Clinical Hypnosis Practitioners

ASCH-ERF currently manages two scholarship funds for students: the Mutter Scholarship Fund for Student and Early Career Professional Training and the Betty Alice Erickson & Kay Thompson Student Scholarship Fund.

At any given time these funds have different levels of cash that is available to help students dependent upon the generosity of our donors. To learn more about these scholarships and make a donation to ASCH-ERF, click the link below.

[ASCH-ERF Scholarships](#)

2023 ASCH Board of Directors

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