



AMERICAN SOCIETY OF CLINICAL HYPNOSIS

## LEVEL 3: CLINICAL HYPNOSIS TOPICS

The Level 3 topics identified below, while not all-inclusive, cover advanced hypnosis applications that bridge the gap between foundational and advanced application process, practice, and research. Presentations on these topics are based specifically on the application and delivered in a 90-minute to three-hour workshop.

### Applications of Hypnosis:

- Age Regression
- Children and Adolescents
- Fears and Phobias
- Irritable Bowel Syndrome
- Marital and Family Therapy
- Performance Enhancement
- Resistance and Memory
- Treatment of Trauma
- Self-Hypnosis

### Mind Body Medicine:

- Medicine and Dentistry
- Cancer and Palliative Care
- Surgery, Childbirth, and Hypnoanesthesia
- Burns and Emergencies

### Disorders:

- Cancer and Autoimmune Disorders
- Dissociative Disorders
- Eating Disorders
- Sleep Disorders

### Case Consultation–Integration of Clinical Hypnosis:

- Psychotherapy
- Medicine/Surgery
- Dentistry
- Trauma
- Military and other First Responders' Concerns

### Additional Topics:

- Clinical Hypnosis with Veterans
- Combining Hypnosis and Acupuncture
- Ericksonian Hypnotherapy: Core Competencies
- Hypnotic Susceptibility (Capacity) Scales
- Integrating Hypnosis and Psychotherapy

**Need more information? Contact us at [education@asch.net](mailto:education@asch.net).**