



ASCH-ERF Regional Workshop
October 25-28, 2018
Holiday Inn World's Fair Park
Knoxville, TN

In addition to offering the Fundamentals of Clinical Hypnosis and Refining Skills & Treatment Applications Workshops, ASCH-ERF will be offering the following Advanced Workshop

***Integrative & Modified Use of Hypnosis in Health Care Settings:
Including Autoimmune Disorders, Psychoimmunology, and the Future Oriented Model***
Moshe S. Torem, MD

The use of clinical hypnosis in the treatment of medical conditions is well known for its documented effectiveness. However, clinicians who wish to use hypnotic strategies in medical settings are often presented with a variety of specific situational variables and challenges that are common in such settings. This advanced workshop will provide participants with descriptions and understanding of these variables and the modified ways in which hypnosis can be utilized successfully in the treatment of medical conditions.

After a review of some of the more common special conditions in medical settings, the workshop will continue with a detailed review of such subjects as; placebo/nocebo effects, suggestion and conditioning effects, and optimal use of therapeutic language. Participants will then learn concepts and skills required to effectively utilize informal hypnotically facilitated interventions modified for treatment of patients in medical settings.

The workshop will include discussion of a range of specific topics, including a review of psychoneuroimmunology, the hypnotic treatment of autoimmune disorders, preparing patients for surgery and other medical procedures, habit disorders, and addressing anxiety and depression in medical patients. Also included will be discussion of hypnotic interventions with malignant diseases and enhancement of pharmacotherapy outcomes. The workshop will include didactic presentation and discussions, review of videotaped clinical examples, demonstrations, and experiential learning to facilitate understanding and use of specific concepts and skills. Finally, participants will learn the concepts of the Future Oriented Model developed by the presenter and how to skillfully apply this model in their clinical practices.

Moshe S. Torem, MD is a board-certified psychiatrist who completed a two-year fellowship in Liaison Psychiatry and Psychosomatic Medicine at the University of Rochester School of Medicine. He is a distinguished life fellow of the American Psychiatric Association, Life-fellow of the American Society of Clinical Hypnosis, and Fellow of the Society for Clinical and Experimental Hypnosis. Dr. Torem is a past president of the International Society for the Study of Trauma and Dissociation and the American Society of Clinical Hypnosis. In addition to authoring numerous articles and book chapters in the fields of psychiatry, clinical hypnosis, and integrative mind-body medicine and health, Dr. Torem has been a frequent lecturer and workshop presenter throughout the United States and other countries. In his multifaceted practice, Dr. Torem is well-known for his highly pragmatic approaches in the uses of age progression strategies, with and without formal hypnosis, as an important and unique contribution to the field of therapeutic hypnosis. Dr. Torem currently serves as Professor of Psychiatry at Northeast Ohio Medical University and as Chief of Integrative Medicine and Faculty and Balint Group Facilitator, Family Medicine Residency Program, at Akron (OH) General Medical Center.

This Regional Workshop will be held at the Holiday Inn World's Fair Park, located 525 Henley St, in Knoxville, TN. The Holiday Inn World's Fair Park has grown from a rich history: the building was originally built for the 1982 World's Fair, and boasts stunning views of the iconic structures in the World's Fair Park. The park is Knoxville's largest public green space, and contains the Knoxville-Greenway-a system of over 82 miles of paved and earthen trails that wind through the various neighborhoods of the city.



The hotel is 13 miles from McGhee Tyson Airport; walking distance to the World's Fair Exhibition Hall, Knoxville Museum of Art, Tennessee Woman's Suffrage Memorial, as well as a variety of restaurants and shops.

ASCH-ERF has contracted a limited number of rooms at a discounted room rate of \$119 single/double per room per night, plus applicable taxes. Reservations will be taken on a first-come first-serve basis until the contracted block is full. Any unbooked rooms will be released to the general public on September 21, 2018. Book early to receive the group rate. Call 1.888.HOLIDAY or (865) 522-2800 to make reservations for this event. Use registration code 'SCH'