In addition to offering the Basic & Intermediate Workshops, ASCH will be offering the following Advanced Workshop in San Diego:

**Hypnosis, Neurophysiology, and Zen for Pain and Suffering.**

This workshop is designed to increase clinical skills in managing pain and suffering utilizing hypnosis, as well education, motivational interviewing and Zen. The workshop will begin with an easy to follow neurophysiological explanation of pain and why chronic pain treatment often involves the management of suffering. We will first work on dissociative hypnotic suggestions to manage acute pain; specifically, when a person is already in acute pain (e.g., the emergency room) or is going to undergo a painful procedure (e.g., surgery, labor and delivery). We will then describe how the management of chronic pain using a biopsychosocial model allows us to put hypnotic interventions in a larger paradigm that increases the probability that the induction will make a difference. We will discuss using Zen to hold the context of hypnosis; efforts to make the pain go away are often far less enduring than teaching patients to change their relationship with pain. This workshop will include power point didactics, demonstrations, and small group practice. We will work as a group to assess someone with chronic pain. The experiential components of the workshop are designed not only for the clinicians to increase their skills by “out-louding” the material but to create personal growth in their lives when they are undergoing the inductions themselves. The leader, David R. Patterson Ph.D. is the author of Clinical Hypnosis for Pain Control (2010) as well as 150 scientific papers on related topics. He has given workshops in a dozen countries and regularly works with patients suffering from acute and chronic pain at the University of Washington.

This Regional Workshop will be held at the Westgate Hotel, located at 1055 Second Ave in San Diego, CA. San Diego, a culturally diverse city and a world-class destination, all can be enjoyed from the comfort of The Westgate Hotel, located in the heart of downtown.

Enjoy a leisurely stroll through the Gaslamp Quarter, just steps from our front door and featuring dining, nightlife and boutique shopping. Balboa Park, home to the world famous San Diego Zoo and 15 museums—including the San Diego Natural History Museum and the San Diego Aero Space Museum—is also nearby.

ASCH has contracted a limited number of rooms at a discounted room rate of $170 single/double per room per night, plus applicable taxes. The discounted group rate is available 3 days before and 3 days after the workshop on a space available basis. Reservations will be taken on a first-come first-serve basis until the contracted block is full. Any unbooked rooms will be released to the general public on November 7, 2017. So book early to receive the group rate.

To make reservations at the host hotel, the Westgate Hotel for this event, contact Central Reservations at +1-(800) 522-1564 or +1-(619) 238-1818 and tell them that you wish to book a room in the American Society of Clinical Hypnosis room block.

For more information contact ASCH at +1-630-980-4740 or info@asch.net