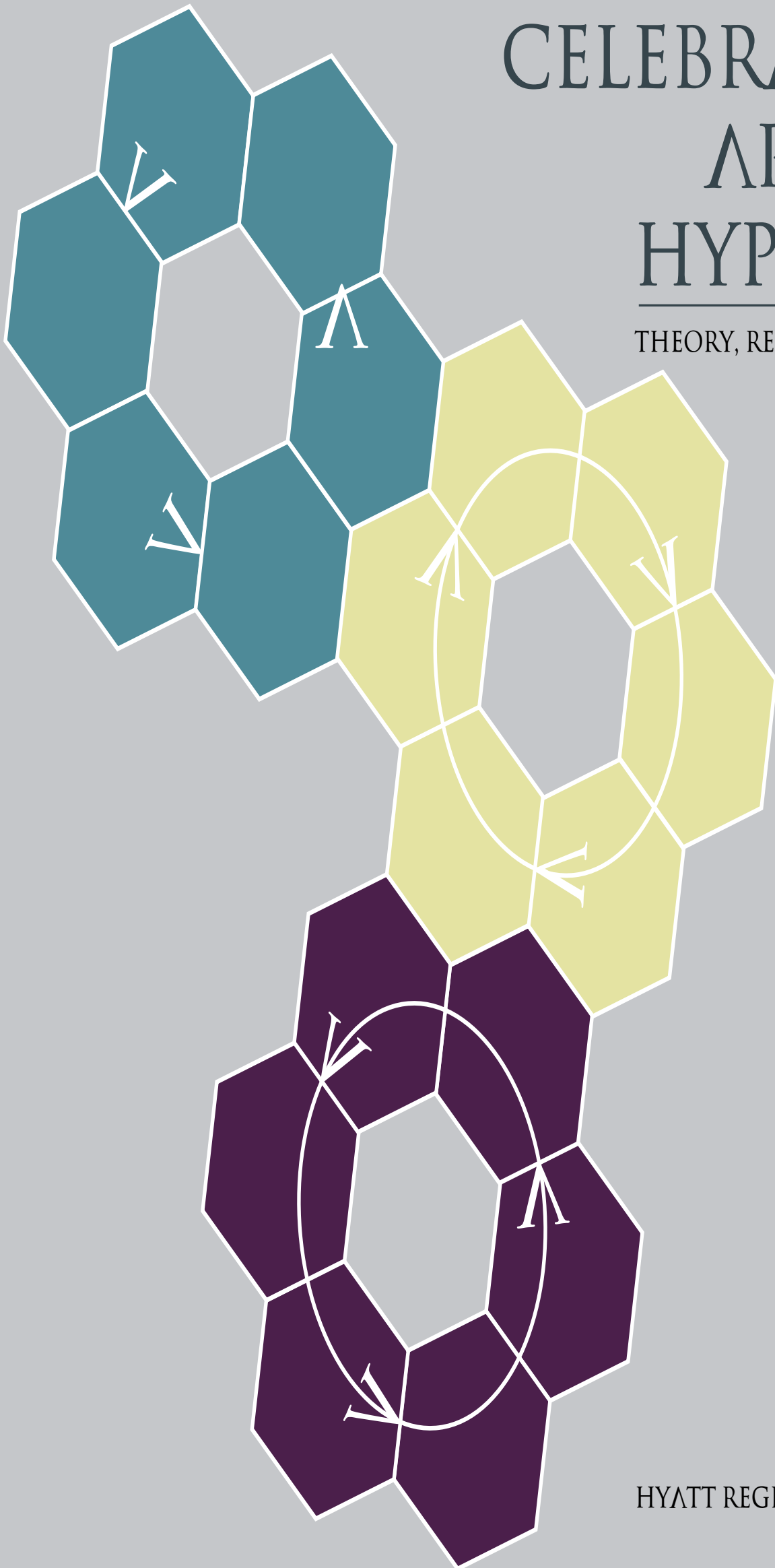


AMERICAN SOCIETY OF CLINICAL HYPNOSIS-  
EDUCATION & RESEARCH FOUNDATION

# CELEBRATING APPLIED HYPNOSIS

THEORY, RESEARCH, PRACTICE



MARCH 18-21, 2017  
PHOENIX, AZ  
HYATT REGENCY DOWNTOWN

59TH ANNUAL SCIENTIFIC MEETINGS & WORKSHOP

# MEETING SCHEDULE

## Saturday, March 18, 2017

02:00 Plenary #1  
 03:00 Break  
 03:30 Fundamentals of Clinical Hypnosis (Basic), Refining Skills and Treatment Applications (Intermediate), and Advanced Workshops begin  
 06:30 Evening Recess  
 06:30 Welcome Reception

## Sunday, March 19, 2017

07:00 AM Continental Breakfast  
 07:30 Plenary #2  
 08:30 Break  
 09:00 Fundamentals of Clinical Hypnosis (Basic), Refining Skills and Treatment Applications (Intermediate), and Advanced Workshops resume  
 Power of Words and Teaching and Consultation Workshops begin  
 12:00 Lunch on your own  
 12:30 ASCH General Membership Meeting  
**ASCH Component Section Representative Meeting Nurses' Networking Lunch**  
 01:30 PM Fundamentals of Clinical Hypnosis (Basic), Refining Skills and Treatment Applications (Intermediate), Power of Words, Teaching and Consultation and Advanced Workshops resume  
 03:30 Break  
 04:00 Fundamentals of Clinical Hypnosis (Basic), Refining Skills and Treatment Applications (Intermediate), Power of Words, Teaching and Consultation and Advanced Workshops resume  
 06:00 Evening Recess  
 07:00 Board of Governors Meeting

## Monday, March 20, 2017

07:30 Plenary #3  
 08:30 Break  
 09:00 Fundamentals of Clinical Hypnosis (Basic), Refining Skills and Treatment Applications (Intermediate), and Advanced and Teaching and Consultation Workshops resume  
 12:00 Lunch on your own  
 01:30 PM Fundamentals of Clinical Hypnosis (Basic), Refining Skills and Treatment Applications (Intermediate), and Advanced Workshops resume  
 03:30 Break  
 04:00 Fundamentals of Clinical Hypnosis (Basic), Refining Skills and Treatment Applications (Intermediate), and Advanced Workshops resume  
 06:00 Evening Recess  
 06:15 Plenary #4  
 07:15 Cocktail Reception  
 08:00 Dinner followed by Awards Ceremony  
 09:30 Entertainment

## Tuesday, March 21, 2017

07:00 AM Continental Breakfast  
 08:00 Fundamentals of Clinical Hypnosis (Basic), Refining Skills and Treatment Applications (Intermediate), and Advanced Workshops resume  
 10:00 Break  
 10:15 Fundamentals of Clinical Hypnosis (Basic), Refining Skills and Treatment Applications (Intermediate), and Advanced Workshops resume  
 12:15 Conference Concludes

# SESSION CODES

Codes for Advanced Workshops are based on the day of the week on which they meet.

S = Saturday  
 T = Tuesday

D = Sunday

M = Monday

Workshops that meet only or begin in the morning are coded with an "A". Workshops that meet only in the afternoon are coded with a "P." Symposia sessions are coded with a "Y." For example, DA1 is a morning workshop on Sunday, and YT2 is a symposium on Tuesday morning.

# COLOR LEGEND

*Power of Words: Effective Clinical Communication Workshop*

*Fundamentals of Hypnosis Workshop (Basic Workshop)*

*Refining Skills and Treatment Applications Workshop (Intermediate Workshop)*

*Teaching & Consultation Workshop*

*Advanced Workshop*

*Plenary Session*

# HOTEL INFORMATION



The 59th Annual Scientific Meeting and Workshops will be held March 18-21, 2017 at the Hyatt Regency Phoenix Downtown, located at 122 N 2nd St in downtown Phoenix, AZ.

The Hyatt Regency Phoenix is located in the heart of downtown Phoenix. Located 2 blocks from Hyatt Regency Phoenix, CityScape is the place for dining, nightlife, shopping, entertainment, business, events and celebrations. CityScape Phoenix is home to the largest and best collection of chef-driven restaurants and national favorites in downtown Phoenix. Looking for a night out that's completely out of the ordinary? CityScape Phoenix boasts some of the most unique entertainment offerings in the Valley. Challenge your friends to a game of bowling at Arizona's only Lucky Strike, catch the nation's top comedians at Stand Up Live, or rock out to live performances from local and national bands at Copper Blues.

ASCH has contracted a limited number of rooms at a discounted room rate of \$169 single/double per room per night, plus applicable taxes with 25% off self-parking per night, per car and complimentary premium guest room internet. You must book within the ASCH block to receive the parking discount and complimentary internet.

The discounted group rate may be available 3 days before and 3 days after the workshop on a space available basis. Reservations will be taken on a first-come first-serve basis until the contracted block is full. Any unbooked rooms will be released to the general public on February 24, 2017. So book early to receive the group rate.

Book your [hotel reservations online](#) or call the hotel directly at (602) 252-1234.

# SCHEDULE-AT-A-GLANCE

Saturday, March 18, 2017

2:00 - 3:00 pm	Plenary#1: Hypnotic Knots: Ties that Bind; Jeffrey Zeig, PhD (1.0 CE/CME Credits)							
3:00 - 3:30 pm	Break							
3:30 - 6:30 pm	Fundamentals of Hypnosis Workshop 20 CE/CME	Refining Skills and Treatment Applications Workshop 20 CE/CME	SP1: TOP GUN SESSION (Zastrow, Zeig) (3.0 CME/CE)	SP2: Future Focused Therapy With and Without Formal Hypnosis (Torem) (3.0 CME/CE)	SP3: Accessing and Healing Emotional Injuries in Anxiety Disorders (Alladin) (3.0 CME/CE)	SP4: Hipponosis: Helping Children Help Themselves (Thomson) (3.0 CME/CE)	SP5: Hypnotic Relaxation Therapy: Overview of theory, research, and practice (G. Elkins) (3.0 CME/CE)	
6:30 pm	Evening Recess							
6:30 - 8:30 pm	Welcome Reception							

Sunday, March 19, 2017

7:00 - 8:00 am	Continental Breakfast								
7:30 - 8:30 am	Plenary #2: Celebrating histories of hypnotic practice and research: Six generations of phenomena, ideas and puzzles Amanda Barnier, PhD (1.0 CE /CME)								
8:30 am	Break								
9:00 am - 12:00 pm	Fundamentals of Hypnosis Workshop	Refining Skills and Treatment Applications Workshop	TCW Teaching and Consultation Workshop (9 CE/CME)	POW: Power of Words Workshop (7 CME/CE)	D1: Lessening Pre-surgical Anxiety and Enhancing Positive Surgical Outcomes (Daitch, Massie) (5.0 CE /CME)	D2: Reorienting Hypnosis Education: Relearning what you always knew that you didn't know that you always knew (Sugarman, Alter, Reid) (5.0 CE /CME)	DA1: Age Regression for Working through of Trauma (Hammond) (3.0 CE / CME)	DA2: Heal in the Space Between the Words; Exploring the intersection of Hypnosis, Neurobiology, and Quantum Physics (Pinco) (3.0 CE) <i>Ineligible for CME</i>	DA3: Transpersonal Dimensions of Hypnosis and Healing (Torem,Appel) (3.0 CE) <i>Ineligible for CME</i>
12:00 - 1:30 pm	LUNCH ON YOUR OWN								
12:30 - 1:30 pm	ASCH Membership Meeting ASCH Component Society Luncheon (Open to all component society members) Nurses' Networking Lunch								
1:30 - 3:30 pm	(Cont)	(Cont)	TCW (Cont)	POW (Cont)	D1 (Cont)	D2 (Cont)	DP1: Writing and Publishing Your Hypnosis Articles in AJCH (Lankton) (2.0 CE / CME)	DP2: From Real Life to Cyberspace and Back Again: Helping Adolescents/ Young Adults Develop a Strong Inner Selfie (Utilizing Hypnotherapy/ Ego States) (Goldfus) (2.0 CE) <i>Ineligible for CME</i>	DP3: Doctor, I know what I need to do, but I'm just not doing it: applying the ACE study findings to refine suggestions to bring different results (Plansky) (2.0 CE /CME)
3:30 pm	Break								
4:00 - 6:00 pm	(Cont)	(Cont)	TCW (Cont)	POW (Cont)	DP4: Hypnosis Research—The Ingredients of Hypnosis: A Guide to Research for Clinicians (Barnier) (2.0 CE /CME)	DP5: Introduction to Hypnosis Specialty Board Certification (Oster, et el) (2.0 CE /CME)	DP6: How to integrate hypnosis in Pediatric Hospital and Clinical settings (Lonchamp) (2.0 CE / CME)	DP7: Ethical issues and the use of clinical hypnosis Part 1 (Marcus) (2.0 CE /CME)	DP8: Induced Altered States of Consciousness Experiences Related to Spiritual and Religious Aspects of Skin and Skin Disorders. (Shenefelt) (2.0 CE /CME)
6:00 pm	Recess								
7:00 pm	ASCH Board of Governors Meeting (Open to the membership)								

CELEBRATING APPLIED HYPNOSIS: RESEARCH, THEORY, PRACTICE

# SCHEDULE-AT-A-GLANCE

Monday, March 20, 2017

7:00 am - 8:00 am	Continental Breakfast							
7:30 - 8:30 am	Plenary # 3: Milton Erickson: Hypnosis As a Co-created Relationship, Betty Alice Erickson, MS (1.0 CE Credit) <i>Ineligible for CME</i>							
8:30 am	Break							
9:00 - 11:00 am	Fundamentals of Hypnosis Workshop	Refining Skills and Treatment Applications Workshop	TCW Teaching and Consultation Workshop	M1: Musical Voyage: Inspire and Motivate by Adding Musicality to your Sessions (Jung) (3.5 CE) <i>half-hour break at 11:30 Ineligible for CME</i>	M2: Tools of Intention in Hypnosis (Lankton) (3.0 CE/CME)	MA1: Lessons of transformation from EFT, EMDR and NDEs to enhance your clinical hypnosis practice (Burk, Lyerly, Kauffman) (3.0 CE) <i>Ineligible for CME</i>	MA2: Rapid, deep structure resolution and restructuring of traumatic memories (Straub) (3.0 CE) <i>Ineligible for CME</i>	MA3: Age Regression (Ewin) (3.0 CE/CME)
12:00 - 1:00 pm								
12:00 - 1:30 pm	Lunch on your own							
1:30 - 3:30 pm	(Cont)	(Cont)	MP1: Advances In Dental Hypnosis for Dentists and Psychology Professionals (Goodman et al) (4.0 CE/CME)	MP2: Ethical issues and the use of clinical hypnosis Part 2 (Marcus) (2.0 CE/CME)	M2 (cont)	MP3: A Few of My Favorite Things (Lemke) (2.0 CE)	MP4: Core Healing Techniques Supportive of Healthy Attraction (Glasser) (2.0 CE/CME)	MP5: Integrative Therapy With Gay Men: The Use of Clinical Hypnosis for Optimizing Treatment Success (Miller) (2.0 CE) <i>Ineligible for CME</i>
3:30 pm	Break							
4:00 - 6:00 pm	(Cont)	(Cont)	MP1 (Cont)	MP6: Self, Other and Circumstance; Deconstructing Utilization (Staffin) (2.0 CE) <i>Ineligible for CME</i>	MP7: Application of Hypnosis within a 4-Step Solution Method and a Self Directed Neuroplasticity Model to treat emotional/ behavioral problems (Kelley) (2.0 CE/CME)	MP8: Clinical Hypnosis in Psychosocial Oncology and in Palliative Care: neural correlates, taxonomy and techniques, a scientific perspective. (Brugnoli) (2.0 CE/CME)	<del>MP9: How to Run a Successful Self-Hypnosis Group for People in Pain (Lev) (2.0 CE/CME)</del>	
6:00 pm	Recess							
6:15 pm	Plenary #4 – Practice Makes Perfect?; Norma Barretta, PhD (1.0 CE) <i>Ineligible for CME</i>							
7:15 pm	Cocktail Reception							
8:00 pm	Dinner followed by the Awards Ceremony							
9:30 pm - 11:00 pm	Entertainment							

Tuesday, March 21, 2017

7:00 am - 8:00 am	Continental Breakfast							
8:00 - 10:00 am	Fundamentals of Hypnosis Workshop	Refining Skills and Treatment Applications Workshop	T1: Utilizing Hypnosis in the Treatment of Narcissistic Wounds in Psychotherapy: A Relational Approach (Spiegel) (4.0 CE) <i>Ineligible for CME</i>	T2: Motivational Interviewing and Directive Hypnosis for Change (McGee) (4.0 CE) <i>Ineligible for CME</i>	TA1: Borrowing from Peter to Pay Paul: Application of Infertility-Tested Mind/Body Stress-Reduction Strategies to Any Adversity (Adrienne) (2.0 CE/CME)	TA2: Galvanizing and Cultivating Wellness-Oriented Epigenetic Changes in Adolescents and in Adults Through Mindful, Embodied Biopsychosocial-Spiritual Experiences in Clinical Hypnosis: A Practitioner's Guide to Epigenetic Psychology Theory, Research, and Practice (Smirnova, Willmarth) (2.0 CE/CME)	TA3: Hypnotically Enhanced Addictions Treatment: Alcohol abuse, drug abuse, gambling addiction and weight loss (Tramontana) (2.0 CE/CME)	
10:00 am	Break							
10:15 am - 12:15 pm	(Cont)	(Cont)	T1 (Cont)	T2 (Cont)	TP1: Trance Ratification in Traditional Healing Ceremonies: Lessons for contemporary practice (McKenzie-Pollock) (2.0 CE) <i>Ineligible for CME</i>	TP2: Hypnosis and poetic dialogue: A multimodal, whole person approach to healing and transforming trauma utilizing the Grounding & Resource Development Protocol (GRDP), hypnotherapeutic drumming and embodied writing (Graber, Rosemond) (2.0 CE) <i>Ineligible for CME</i>	TP3: Hypnotic Covert Sensitization Treatment of Substance Use Disorders (R. Elkins) (2.0 CE/CME)	
12:15 pm	Concludes							