**AGE REGRESSION**

**AR-2: AGE REGRESSION - FETAL STAGE**
Review of pre-birth experiences that can interfere with present behaviors and examples of suggestions to update information. (Raul Llanos, MD). Color, 23 Minutes.

**AR-4: HYPNOSIS AND BIRTH IMPRINTING**
Hypnotic Age Regression of multiple patients to the birth experience for removal of psychic trauma. (David B. Cheek, MD). Color, 35 Minutes.

**AR-5: HYPNOSIS FOR A CASE OF PARTIAL HEMIPEGIA (WITH ADDENDUM)**
Demo use of ideomotor signaling, Age Regression, and additional hypnototherapeutic strategies, to assist the patient with partial paralysis of his arm and leg. (Dabney M. Ewin, MD). Color, 70 Minutes.

**AR-7: HYPNOTHERAPY WITH A PATIENT WHO HAS PSYCHOSOMATIC PAIN AND ARM DISABILITY**
Age Regression with resolution of childhood emotional trauma. (Joan Murray-Jobsis, PhD). 1982, Color, 40 Minutes.

**AR-8: REGRESSION TO BIRTH CEREBRAL PALSY**
Patient with speech impediment and muscle spasms of the neck and mouth, further compromising vocal clarity. Age Regression to a traumatic birth experience and seizure with a 14 year follow-up. (Dabney M. Ewin, MD). Color/B&W, 30 Minutes.

**AR-9: THE TRAUMA OF BIRTH ABREATIVE THERAPY**

**DENTAL**

**D-1: HYPNOSIS AND TREATMENT OF GAGGING**
Resolution of extreme gagging through hypnotherapy by dentists, with emphasis on acceptance of dentures and associated intra-oral therapy. (Harold P. Golan, DMD). Color, 30 Minutes.

**D-4: HYPNOSIS IN ORAL SURGERY**
Hypnoanesthesia as the sole anaesthetic for oral surgery- coronoidectomy with subsequent discussion with the subject. (Richard B. Garver, EdD). Color, 50 Minutes.

**D-5: TREATMENT OF AGORAPHOBIC/CLAUSTROPHOBIA DENTAL PATIENT**
Strategies for dealing with a patient with severe dental phobias, superimposed on Agoraphobia.

**D-6: CLINICAL HYPNOSIS FOR BRUXISM**
(J. Henry Clarke, DMD)

**FORENSIC**

**F-3: INVESTIGATIVE HYPNOSIS**

**GENERAL INTEREST**

**G-4: CONTROL OF BLEEDING UNDER HYPNOSIS**
Teaches one technique that can be utilized to help the patient understand the control over his bodily functions and to strengthen his ego. (Raul Llanos, MD). Color, 17 Minutes.

**G-7: HYPNOSIS IN THE CONTROL OF PSEUDO AND POSSIBLE ORGANIC SEIZURES**
Demonstrate training and use of symptom displacement through “clenched fist” technique. (“Let your fist have the pseudo seizure activity”). (Joseph R. Dane, PhD). Color, 49 Minutes.

**G-8: HYPNOTIC PHENOMENA PARTS I & II**
A demonstration of a variety of hypnotic phenomena intended to accompany text on the hypnototherapeutic and hypnoanalytic techniques. (John G. Watkins, PhD). Color, 95 Minutes.

**G-9: IMPROVED PATIENT TOLERANCE USING MEDICAL HYPNOSIS**
Medical hypnosis to improve patient tolerance for claustrophobic and panic symptoms. Especially useful for MRI(Magnetic Resonance Imaging) with associated total body enclosure in extremely confined spaces for extended time periods. (Paul J. Friday, PhD). Color, 30 Minutes. CD Format available.

**G-10: INTERVIEW WITH DR. MILTON ERICKSON**
Interview with Dr. Milton Erickson, relative to his conception of the nature of hypnosis, memory, behavior and communication. Demonstration by Dr. Erickson of many of his techniques and verbalizations. (Harold J. Wain, PhD). Color, 30 Minutes. CD Format available.

**G-13: TRANCE STATES IN SINGAPORE AND MALAYSIA AND THEIR ROLE IN THE COMMUNITY OF HEALING**
Demonstration of oriental religious practices and associated trance states, which include piercing through the cheek with unsterilized pins and needles, fire walking, and group trance phenomena. (Chong Tong Mun, MB, BS, MD). Color, 20 minutes.

**G-15: ENTRANCED: HYPNOSIS, HEALTH & HEALING**
An excellent resource that presents some scientific perspectives on the nature of hypnotic phenomena, and their applications in integrative medicine. (Australian Society of Hypnosis). CD Format only.

**G-16: CIBA Hypnoshow** (Milton Erickson)

**MEDICAL APPLICATIONS**

**M-2: CONTROL OF CHEMOTHERAPY SYMPTOMS**

**M-3: HYPNOSIS IN CONTROL OF PAROXYSMAL VENTRICULAR CONTRACTIONS**

**M-4: MEDICAL HYPNOSIS**
Presentation of basic concepts of hypnosis and applications to the practice of medicine and psychology, including chronic pain. (Harold B. Crasilneck, PhD). 1977. Color, 60 Minutes. CD Format available.

**M-6: OSTEOPATHIC MANIPULATIVE TREATMENT OF LUMBAR AREA, USING HYPNOSIS**
The use of hypnosis to relieve acute muscle spasm and permit osteopathic manipulation. (Robert A. Leopold, DO). Color, 11 minutes.

**M-7: PYCHOPHYSIOLOGY**
The use of biofeedback and hypnosis to relieve Skeletal Muscle tension. Combined hypnotherapy and biofeedback therapy of a patient with temporomandibular joint (TMJ) syndrome. (Richard S. Lewis, DMD). Color, 20 minutes.

**M-8: HYPNOTHERAPY IN THE TREATMENT OF IRRITABLE BOWEL SYNDROME**
Hypnotherapy of a patient with an essential tremor with specific attention to the psychological factors contributing to the problem. (Raul Llanos, MD). Color, 31 minutes.

**M10: NON-PHARMACOLOGIC ANAGESIA** (Elviria Lang)
OG-3: HYPNOSIS FOR LABOR AND DELIVERY
Demonstrates two sessions, #3 & #4 of a 5 session set using hypnosis to prepare for labor and delivery. (Marc L. Oster, PsyD). Color, 69 Minutes.

OG-5: PRACTICAL APPLICATION OF HYPNOSIS IN PREGNANCY AND LABOR

OG-6: ROBIN: LABOR & DELIVERY
Delivery in a hypnotically prepared patient. Demonstrates the ability of the patient to control the labor and delivery process resulting in an enjoyable experience for all involved. (Larry J. Goldman, MD). Color, 15 Minutes. CD Format available.

OG-7: SHIRLEY: C-SECTION
Hypnosis is an adjunct to Epidural Anesthesia and a patient undergoing Cesarean Section, suggestions given for intra-operative and post-operative management as well. (Larry J. Goldman, MD). Color, 15 Minutes. CD Format available.

OG-8: SUGGESTIONS FOR EGO STRENGTHENING TO IMPROVE QUALITY OF PREGNANCY, INCIDENTAL CURE FROM A NEEDLE PHOBIA
Ego Strengthening and Acceptance of Pregnancy contribute significantly to a satisfactory outcome. Hypnotherapeutic Instruction in Glove Anesthesia and Bleeding Control as well as Ego Support are demonstrated to improve the quality of the pregnancy and delivery. (Raul Llanos, MD). Color, 21 Minutes.

OG-9: HYPNOTIC LAPAROSCOPIC TUBAL LIGATION
Includes part of the rehearsal, the actual tubal ligation with active interaction with the patient, comments about the preparation for any surgical procedure under hypnosis, and an interview with the patient after surgery. (Raul Llanos, MD). Color, 26 Minutes.

PAIN

P-1: HYPNOSIS AND PAIN CONTROL
Hypnotherapy of chronic low back pain with associated depression. (Michael B. LaCrosse, PhD). Color, 40 Minutes.

P-3: HYPNOSIS FOR PAIN, ANXIETY AND HEALING WITH A BURN PATIENT
Demonstrates use of ideomotor review of precipitating trauma and procedure under hypnosis, and an interview with the patient after surgery. (Joseph R. Dane, PhD). Color, 30 Minutes. CD Format available.

P-4: HYPNOTHERAPY IN THE TREATMENT OF THERMAL INJURY
Hypnotherapy of a burn patient with special attention to pain control as well as suggestions to increase healing, appetite and range of motion and to resolve patients associated depression. (Harold P. Crasilneck, PhD). Color, 60 Minutes.

PSYCHOTHERAPY

PS-1: FUNCTIONAL AMNESIA
Treatment of a patient with Psychotenic Amnesia to person and place, triggered by a seemingly minor traumatic event. (Harold Crasilneck, PhD). Color, 20 minutes.

PS-2: HYPNOTHERAPY: A PATIENT WITH ANXIETY AND SPEECH DISTURBANCE
Brief demonstration of therapy with a 20-year-old male college student working on a speech disturbance (stuttering). (Joan Murray-Jobsis, PhD). Color, 30 minutes.

PS-4: THE MULTIPLE FACES OF ANOREXIA NERVOSA
Psychotherapy of a patient with Anorexia Nervosa and a covert Multiple Personality Disorder (MPD). (Moshe S. Torem, MD). Color, 42 Minutes.

PS-7: USE OF HYPNOSIS IN PSYCHOTHERAPY
Comprehensive review of diverse applications of hypnosis to psychotherapy, including multiple manifestations, associated with various depths of trance. (James R. Hodge, MD). Color, 45 Minutes.

P-10: RECOVERY FROM HARD TO BREAK RELATIONS
(S. David Kaplan, PhD)

PS-12: HYPNOTHERAPY IN PATIENTS WITH CHRONIC PAIN AND TRAUMA-BASED OBESITY
Demonstration of a variety of hypnotic phenomenon and hypnotherapeutic strategies (including ego-strengthening, time distortion, role rehearsal, pain and compulsive overeating related to childhood trauma. An introduction and follow-up patient interview are included. (David Herl, EdD). Color, 45 Minutes.

PS-13: HYPNOSIS IN THE TREATMENT OF SEXUAL TRAUMA
(William H. Smith, PhD, ABPH). Color, 40 Minutes. CD Format available.

SURGERY

S-2: HYPNOANESTHESIA FOR CATARACT SURGERY
Hypnoanesthesia as an adjunct to local anesthesia cataract extraction and intraocular lens implantation. (Alexander A. Levitan, MD). Color, 15 Minutes.

S-3: HYPNOSIS AS THE SOLE ANESTHESIA FOR RECTOCELE REPAIR
Hypnoanesthesia in a patient with large rectocele, who had previously experienced a Cardiac Arrest in association with prior surgery. (Alexander A. Levitan, MD). Color, 20 Minutes.

S-4: HYPNOSIS SURGERY (OOPHORECTOMY)

S-5: MINOR SURGICAL PROCEDURES

S-7: SELF-HYPNOSIS FOR LIPOSUCTION SURGERY
(Samuel Botta, MD)

S-8: HYPNOSIS AS THE SOLE ANESTHETIC FOR ORTHOPEDIC SURGERY
(Donald R. Hogue, PhD). CD Format available.
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