



AMERICAN SOCIETY OF CLINICAL HYPNOSIS
EDUCATION & RESEARCH FOUNDATION

Hypnosis and the Treatment Relationship:
Applications, Processes, Outcomes

60th

RLANDO

**MARCH 15-18, 2018
2018 Annual Meeting**

Teaching & Consultation Workshop

This ten (10) hour workshop is designed for anyone wishing to become an approved consultant or who would like to offer a course on hypnosis.

The workshop covers four important areas: (1) Teaching adult learners; (2) How to plan a hypnosis workshop; (3) How to lead small group practice sessions and consultation groups, including understanding group dynamics; and (4) How to provide consultation regarding hypnosis to qualified professionals. This course will review basic information on the art of teaching adults for those who wish to be approved consultants and/or to prepare and lead hypnosis training courses. It reviews the ASCH objectives for the various tracts of hypnosis training, small practice groups, and how and when to provide constructive feedback in these settings, with experiential learning components. The course clarifies the role of a consultant and the nature of providing detailed review of cases with regard to the use of hypnosis. The importance of learning contracts and seeing and hearing students' actual casework are discussed.

Workshop Schedule (10 CME/CE)

Chair: Holly Forester-Miller, PhD

Friday, March 16, 2018

7:30 am	Attend Plenary #2
8:30	Break
9:00	Introductions; Workshop Overview (1.5 hr) <i>Educational Objectives for this session:</i> <i>Facilitate introductions, build community, and create safety.</i> <i>Facilitate a learning environment for adults.</i>
10:30	Educational Theories and Learning Styles (45 min) <i>Educational Objectives for this session:</i> <i>Summarize one major theory of adult learning.</i> <i>Apply an intervention that will stimulate adult learners in medical and other health science training programs.</i>
11:15	Small Group Instruction I (1 hr 15 min) <i>Educational Objectives for this session:</i> <i>Organize a small group experience that facilitates learning, as well as safety and effective group dynamics.</i> <i>Provide instruction to workshop faculty regarding how to manage abreaction, and the importance of ensuring workshop participants are fully re-alerted following hypnosis experiences.</i>
12:00 pm	Lunch
12:15	Lunch Panel – Therapeutic Relationships in a Medical Setting (1 hr)(1 CME/CE)
1:30	Small Group Instruction II – Video examples (2 hr) <i>Educational Objectives for this session:</i> <i>Provide appropriate and constructive feedback to small group participants at basic workshops.</i> <i>Modify their teaching methods based on the learning styles of the small group participants.</i>
3:30	Break
4:00	Continuation of Small Group Instruction II – Video examples (1.5 hr) <i>Educational Objectives for this session:</i> <i>Provide appropriate and constructive feedback to small group participants at basic workshops.</i> <i>Modify their teaching methods based on the learning styles of the small group participants.</i>
4:30	Planning Basic, Intermediate, and Advanced Hypnosis Workshops I (45 min) <i>Educational Objectives for this session:</i> <i>Identify content appropriate for basic, intermediate, and advanced workshops for hypnosis training.</i> <i>Develop content appropriate for the multidisciplinary nature of students at hypnosis workshops.</i>
5:15	Planning and Organizing a Hypnosis Workshop II (45 min) <i>Educational Objectives for this session:</i> <i>Plan and organize a basic, intermediate, or advanced hypnosis workshop.</i> <i>Develop learning objectives that meet the requirements of accrediting agencies.</i>
6:00	Recess

Saturday, March 17, 2018

7:30 am Attend Plenary #3

8:30 Break

9:00 Planning and Organizing a Hypnosis Workshop II (continued)

9:30 Being an Approved Consultant

Educational Objectives for this session:

Develop a learning contract with a student of hypnosis.

Implement various types of consultation.

10:00 Being an Approved Consultant, Role Play of IC

Educational Objectives for this session:

Understand the difference between supervision and consultation.

Provide effective case consultation.

11:30 Evaluations, Questions & Answers, Wrap-Up

12:00 pm

Adjourn

Lunch on Your Own

12:15

Lunch Panel – Therapeutic Relationships in a Psychological Setting (1 hr) (1 CE)

1:30

Attend your choice of Advanced Workshops