

Catch up with the latest ASCH news!



Issue #15, January 2018

Happy New Year to all!

With so many wonderful and meaningful holidays in December and January, we wish that all of our readers will have time to spend with their families and friends, celebrate old traditions, appreciate new experiences, enjoy hearty meals and, most importantly, have time to tell the people that matter in our lives that they do!

We appreciate our readers, members, and friends of ASCH, and look forward to seeing you at the Annual Meeting. Make sure to stop by the Herald sign at the meeting. As a token of our appreciation, be ready for a pleasant surprise!

Melvin A. Gravitz , PhD, ABPH



It is with great sadness that we must announce the passing of Melvin A. Gravitz , PhD, ABPH on December 17, 2017.

Dr. Gravitz was a Past President of ASCH, a past Editor of the ASCH Newsletter, and a past Editor of the American Journal of Clinical Hypnosis (ASCH). His many contributions to ASCH were much appreciated, and he will be greatly missed.

Election Results

Congratulations to the incoming EC!

Please lead us effectively and judiciously! Help our ranks grow and work tirelessly to promote the science and practice of hypnosis.

President-Elect

Phil Shenefelt, MD, ABMH

Vice-President

Carolyn L. Daitch, PhD

Secretary

David S. Alter, PhD, ABPP, ABPH

Treasurer

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Member at Large, Dentistry

David N. Grayson, DDS, ABHD

Member at Large, Medicine

Harvey S. Zarren, MD

Member at Large, Psychology

Sharon B. Spiegel, PhD

Member at Large, Masters Level

Wendy Lemke, MS, LP

60th Annual Meeting

Join us March 15-18, 2018 for 4 days of wonderful workshops, spectacular speakers, and fun with friends! There is a buzz in the hypnosis community about this year's Annual Meeting. World-class plenary speakers, a top-notch faculty filled with luminaries in the field, and compelling presentations on a range of topics make this a meeting to remember. And if all that isn't enough, during a winter like this, who couldn't use a trip to Florida?

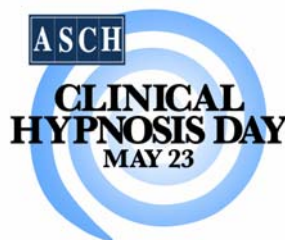
Already planning to attend? Come into town early and join us for a phenomenal pre-conference workshop, "It Takes More Than Two To Tango: Building Secure Attachment Through Hypnotic and Ego State Relationships," from 8 AM-12:15 PM with Maggie Phillips, PhD.

Register before February 15 to take advantage of the discounted Early Bird rate.

Click [here](#) to register now!



Clinical Hypnosis Day



May 23rd will be here before we know it, start planning your Clinical Hypnosis Day event today!

Interested in holding an event or submitting a proclamation request to your local government? Find resources on how to do so [here](#). Have you already set something up that you want to share?

Send the information to Elizabeth Goins at assoc-dir@asch.net.

Members in Print

ASCH member and past Plenary Speaker Michael D. Yapko, PhD has a new book out:

"Taking Hypnosis to the Next Level: Valuable Tips for Enhancing Your Clinical Practice"

Being convinced that true wisdom comes from the determination to learn, experiences of successes and failures, and the ability to make sense of it all, we can only admire the life long experience that Dr. Yapko is sharing with us.

ASCH could not agree more with the very last tip in the book: "...do all you can to inform people about the merits of hypnosis and all it has to offer in people's quests to improve their physical and mental health, relationships, and the quality of their lives".

ASCH member F. Ralph Berberich, MD has also released a new e-Book:

"Suggestion Language in Medical Care: How to Talk to Patients to Promote Trust and Cooperation"

In "Suggestion Language in Medical Care: How to Talk to Patients to Promote Trust and Cooperation", Dr. F. Ralph Berberich explores the impact of language and its nuances as it applies to those giving patient care.

Happy reading!

*Is there a new book by a member that you think readers would be interested in checking out?
Send your suggestions to assoc-dir@asch.net*

On a Lighter Note

"I don't need a holiday or a feast to feel grateful for my children, the sun, the moon, the roof over my head, music, and laughter, but I like to take this time to take the path of thanks less traveled."

Paula Poundstone

Where in the World?

We are returning the Where in the World contest.

Please, guess where in the world this picture was taken for a chance to win an \$11 Amazon gift card!

Send your guesses to assoc-dir@asch.net.





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